

Appendix Table 1: Mapping of food categories with HIES food items

Food Categories	Food Items in HIES
Cereal	Rice – Fine; Rice – Medium; Rice – Coarse; Beaten rice; Pop rice; Puffed rice; Wheat (Atta); Flour; Vermicelli/ Suji; Bread/ Bonroti; Biscuits; Cake; Other (specify); Meals(Rice/Biriani); Patties/Cake; Sandwich; Pizza/Samucho/Singara/Puri/Cake
Legumes and beans (Pulses)	Lentil (musur); Chickling-Vetch (mug); Green gram (boot); Pea gram (khashari); Mashkalai; Other (specify)
Fish	Hilsa; Rhui/ Katla/ Mrigel/ Kal baush; Pangash/ Boal/ Air; Kai/ Magur/ Shinghi/Khalisha; koi; Silver carp/ Grass carp/ Mirror carp; Shoal/ Gajar/ Taki; Puti/ Big Puti/ Telapia/ Nilotica; Mala-kachi/ Chala-chapila; Shrimp; Dried fish; Tangra/ Eelfish; sea fish; Baila/ Tapashi; Other (specify)
Meat	Beef; Buffalo; Mutton; Sheep; Hen; Duck; Other (specify); Meat; Burger; Hotdog
Milk	Liquid milk; Powder milk; Curd; Casein (ponir)/ Butter; Milk drinks; Other (specify)
Fruit	Ripe banana; Mango; Melon/ Bangi; Jack fruit; Leeches; Ripe papaya; Guava; Pineapple; Safeda; Palm; Bedana; Apple; Orange; Grape; Black berry; Amra/Kamranga; Others
Vegetable	Potato; Brinjal; White gourd/ Pumpkin; Water gourd; Balsam apple; Perbol (Patal); Snake gourd/ Ribbed gourd; Green banana/ Green papaya; Arum/ Ol-kachu/ Kachur-mukhi; Cauliflower/ Cabbage; Bean/ Lobey; Tomato; Radish; Ladies' finger (All types of leafy veg.(Spinach/ Amaranta/ Basil); Other (specify); Green chili; Onion; Garlic
Sugar	Rasogolla/ Chamcham/ Shandash; Jilapi/ Bundia/ Amriti; Halua/ Batasha/ Kadma; Other (specify); Sugar/ Misri; Molasses (Sugarcane/ Date/ Palm); Khaja/ Logenze/ Toffee; Chocolate; Ice-cream; Other (specify)
Eggs	Hen egg; Duck egg; Other (specify)
Oil and Fat	Mustard oil; Soybean oil; Dalda/ Vanashpati; Ghee; Other (specify)
Beverage	Soft drinks(peepsi/RC/Mojo/Coke, Sherbat, etc.; Ovaltine/ Horlicks; Tea/ Coffee leaf; Liquid (Ros) of Sugarcane/ Date/Palm; Green coconut water; Other (specify); Tea; Coffee; Soft drinks/bottle water
Miscellaneous	Pickles; Jelly/ Jam; Amshatta; Sauce/Sirka; Other (specify); Other; Dried chili; Turmeric; Salt; Ginger; Cummins; Coriander-seed; Aromatic-seed; Clove/ Black pepper/ Cassia-leaf; Other (specify)
Smoking Tobacco	Cigarette; Tobacco leaf; Bidies
Smokeless Tobacco	Gul and Other (specify); Betel leaf; Betel nut; Zorda/ tobacco leaf; Lime; Khoer; Rolled betel leaf; Other (specify)