

Hi Dear friend,

This questionnaire is designed to conduct a scientific study and we hope that the results obtained from this research will be effective in helping to maintain the health of adolescents. Please pay full attention to the questionnaire and its questions and help us get real information with honest answers. Given that your name and details are not mentioned in this questionnaire, it is obvious that all your information and answers in these questionnaires are completely confidential, so answer all questions honestly.

Thank you for your sincere cooperation.

Number.....

1.Age.....

2. Education : Middle school: Seventh Eighth Ninth

High school: Tenth Eleventh Twelfth

3. Father's job : a. Employee b. Self-employment c. Unemployed

4. Mother's job : a. House wife b. Employee

5. Father's education: a. Illiteracy b. Under the diploma c. Diploma d. College

6. Mother's education: a. Illiteracy b. Under the diploma c. Diploma d. College

7. Who do you live with? a. Both parents b. Others

8. Have you ever experienced shisha smoke in your life? a. Yes b. No

9. Have you smoked shisha in the past month? Yes No

10. If you have ever smoked shisha, where did you first smoke it?

a. Home-self b. Friends House c. Caffi d. Park

11. If you have experienced shisha smoking, at what age did you first smoke shisha?..... years .

➤ Please read these questions carefully and tell us your opinion about these sentences.

1. Shisha Smoking will help me feel relaxed.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

2. Shisha Smoking will help me focus more.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

3. Shisha Smoking will help me forget my problems more easily.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

4. Shisha Smoking will help me spend more time with my friends.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

5. Shisha Smoking will help me control my weight.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

6 Shisha Smoking is pleasurable for me.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

7. Shisha Smoking can reduce my anger.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

8. If I smoke Shisha, I will waste my money.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

9. The risk of Shisha Smoking is lower than cigarettes.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

10. Shisha Smoking makes me happy.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

11. Shisha Smoking makes me look more attractive.

a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

➤ Dear student; The following questions measure the views of those around you and the extent to which you are influenced by others about shisha smoking . Please answer honestly.

1. My best friend's opinion about shisha smoking is that I :

- a. I never smoke shisha
- b. He/she hates that I smoke shisha
- c. It doesn't matter to him/her
- d. Sometimes I smoke shisha
- e. I must smoke shisha

2. According to the answer of the previous question, I accept my best friend's opinion about shisha smoking.

- a. Always O b. often O c. sometimes O d. seldom O e. never O

3. My parent's opinion about shisha is that I :

- a. I never smoke shisha
b. He/she hates that I smoke shisha
c. It doesn't matter to him/her
d. Sometimes I smoke shisha
e. I must smoke shisha

4. According to the answer of the previous question, I accept my parent's opinion about shisha smoking.

- a. Always O b. often O c. sometimes O d. seldom O e. never O

5. My teacher's opinion about shisha smoking is that I :

- a. I never smoke shisha
b. He/she hates that I smoke shisha
c. It doesn't matter to him/her
d. Sometimes I smoke shisha
e. I must smoke shisha

6. According to the answer of the previous question, I accept my teacher's opinion about shisha smoking.

- a. Always O b. often O c. sometimes O d. seldom O e. never O

- **Imagine you are among your friends and there is a shisha and some of your friends are smoking shisha, if a friend offers you smoke shisha, how likely is it that you will do some of the following?**

a. Take shisha hose and start smoking shisha.

- a. Extremely likely O b. most likely O c. maybe O d. less likely O e. never O

b. Smoke shisha with your friends until the end.

- a. Extremely likely O b. most likely O c. maybe O d. less likely O e. never O

c. Thank your friends and give them a negative answer.

- a. Extremely likely O b. most likely O c. maybe O d. less likely O e. never O

d. Leave the location

- a. Extremely likely O b. most likely O c. maybe O d. less likely O e. never O

- **In this section, imagine the personality of shisha smokers . In your opinion , how appropriate are the following attributes to describe these people?**

- Clever** : a. very much b. much c. somewhat d. little e. never
- Inexperienced** : a. very much b. much c. somewhat d. little e. never
- Self-confident** : a. very much b. much c. somewhat d. little e. never
- Independent** : a. very much b. much c. somewhat d. little e. never
- Selfish** : a. very much b. much c. somewhat d. little e. never

➤ **Please answer the following questions honestly.**

1. It is possible that I will smoke shisha in the next month.

- a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

2. I will try never to smoke shisha.

- a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

3. It is possible that I will smoke shisha in the next year

- a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

4. I decided not to go to parties and places where there is shisha in the next month.

- a. I strongly disagree b. I disagree c. neutral d. I agree e. I strongly agree

© 2020 Bashirian S. et al.