

Supplementary Table 1. Distribution of 478 current smokers according to selected socio-demographic features and baseline smoking characteristics. Careggi Hospital, Florence, Italy, 2018-2019.

Variable	Levels	N	%
All subjects	-	478	100.0
<i>Socio-demographic features</i>			
Sex	Men	224	46.9
	Women	254	53.1
Age (years)	<50	153	32.0
	50-60	170	35.6
	>60	155	32.4
	Mean (SD)	53.8 (12.9)	
Level of education	None or elementary school	34	7.1
	Middle school	168	35.2
	High school	193	40.4
	University	83	17.4
Marital status	Single	99	20.7
	Married or cohabitant	295	61.7
	Divorced or separated	64	13.4
	Widowed	20	4.2
Referral	Self-referred	17	3.6
	General practitioner	294	61.6
	Specialist physician	95	19.9
	Staff of the Careggi hospital	17	3.6
	Other	54	11.3
<i>Baseline smoking characteristics</i>			
Fagerström test	0-4	129	27.0
	5-7	236	49.4
	8-10	113	23.6
	Mean (SD)	5.8 (2.3)	
Smoking intensity (cigs/day)	<15	122	25.5
	15-24	228	47.7
	≥25	128	26.8
	Mean (SD)	19.7 (9.9)	
Pack-years	Mean (SD)	35.3 (19.8)	

Exhaled CO (ppm)	<9	116	24.3
	10-19	196	41.1
	≥20	165	34.6
	Mean (SD)	17.0 (10.5)	
Previous quit attempts (n)	0	118	24.7
	1	192	40.2
	2	89	18.6
	≥3	79	16.5

CO: carbon monoxide; ppm: parts per million; SD: standard deviation.